

What to Expect at Well Checks

We believe wellness visits help lay the foundation for a healthier future for children.

Wellness visits are a dedicated time for vaccines, general guidance, growth checks, developmental surveillance, disease screening, mental health assessment, and discussion about social and educational performance.

BIRTH - 1 MONTH

- Hepatitis B
- Hearing Screen
- Newborn State Screen
- Jaundice Check
- Weight Check(s)
- RSV monoclonal antibody (seasonally)

2 MONTHS

- DTaP-Hib-Polio-Hepatitis B
- Pneumococcal vaccine
- Rotavirus

4 MONTHS

- DTaP-Hib-Polio-Hepatitis B
- Pneumococcal vaccine
- Rotavirus

6 MONTHS

- DTaP-Hib-Polio-Hepatitis B
- Pneumococcal vaccine
- Rotavirus

9 MONTHS

- Catch Up Vaccines
- Developmental Screen

12 MONTHS

- Hepatitis A
- MMR and Varicella
- Vision Screen
- Dental Screen
- Anemia/Lead Screen

15 MONTHS

- DTaP-Hib-Polio
- Pneumococcal vaccine

18 MONTHS

- Hepatitis A
- Catch up vaccines
- Autism Screen
- Developmental Screen

24 MONTHS

- Vision Screen
- Dental Screen
- Anemia/Lead Screen
- Autism Screen

30 MONTHS

- Optional Visit
- Developmental Screen

3 YEARS

- Vision Screen
- Lipid Screen - If Needed
- Blood pressure check

4 YEARS

- MMR-Varicella
- DTaP-IPV
- Vision Screen
- Hearing Screen

5-10 YEARS

- Yearly Exam
- Vision Screen
- Hearing Screen
- Lipid Screen

11-13 YEARS

- Tdap
- HPV vaccine (2 Doses)
- Yearly Exam
- Vision Screen
- Hearing Screen
- Labwork If BMI > 95%

14-15 YEARS

- Yearly Exam
- Vision Screen
- Hearing Screen
- Labwork If BMI > 95%
- Urine Test - As Needed

16+ YEARS

- Meningitis ACYW
- Meningitis B (2 Doses)
- Yearly Exam
- Vision Screen
- Hearing Screen
- Labwork If BMI > 95%
- Lipid Screen
- STI Screen - As Needed

- **Hepatitis B:** causes liver disease and cancer
- **DTaP:** Diphtheria, Tetanus, Pertussis (whooping cough)
- **Hib:** Hemophilus influenza (causes meningitis)
- **IPV:** Polio
- **Pneumococcal vaccine:** Streptococcus pneumonia (pneumonia, meningitis, sepsis)
- **Rotavirus:** a serious stomach virus (this is an oral vaccine)
- **Hepatitis A:** causes liver disease
- **MMR and Varicella:** Measles, Mumps, Rubella and Chickenpox
- **Tdap:** Tetanus, Diphtheria and Pertussis booster
- **Meningitis:** Meningococcal meningitis strains A, C, Y and W135
- **HPV vaccine:** Human Papilloma Virus (causes multiple forms of cancer)
- **Meningitis B:** Meningococcal meningitis strain B

This is our general schedule, some providers may vary. **Flu** and **COVID-19** vaccines are also recommended according to CDC guidelines. Other vaccines and precautions may be needed for international travel.

For more information, check the American Academy of Pediatrics' parent website: [healthychildren.org](https://www.healthychildren.org)

